

# FORM NO. MGT-7

[Pursuant to sub-Section(1) of section 92 of the Companies Act, 2013 and sub-rule (1) of rule 11of the Companies (Management and Administration) Rules, 2014]



# Annual Return (other than OPCs and Small Companies)

Form language  English  Hindi

Refer the instruction kit for filing the form.

## I. REGISTRATION AND OTHER DETAILS

(i) \* Corporate Identification Number (CIN) of the company

L25111DL1995PLC073719

Pre-fill

Global Location Number (GLN) of the company

\* Permanent Account Number (PAN) of the company

AADCA5571A

(ii) (a) Name of the company

VIKAS LIFECARE LIMITED

(b) Registered office address

G-1  
34/1, East Punjabi Bagh  
New Delhi  
West Delhi  
Delhi  
110026

(c) \*e-mail ID of the company

cs@vikaslifecarelimited.com

(d) \*Telephone number with STD code

01140450110

(e) Website

www.vikaslifecarelimited.com

(iii) Date of Incorporation

09/11/1995

(iv)	Type of the Company	Category of the Company	Sub-category of the Company
	Public Company	Company limited by shares	Indian Non-Government company

(v) Whether company is having share capital

Yes  No

(vi) \*Whether shares listed on recognized Stock Exchange(s)

Yes  No

(a) Details of stock exchanges where shares are listed

S. No.	Stock Exchange Name	Code
1	BSE Limited	1
2	National Stock Exchange (India) Limited	1,027

(b) CIN of the Registrar and Transfer Agent

U74210DL1991PLC042569

Pre-fill

Name of the Registrar and Transfer Agent

ALANKIT ASSIGNMENTS LIMITED

Registered office address of the Registrar and Transfer Agents

205-208ANARKALI COMPLEX  
JHANDEWALAN EXTENSION

(vii) \*Financial year From date 01/04/2021 (DD/MM/YYYY) To date 31/03/2022 (DD/MM/YYYY)

(viii) \*Whether Annual general meeting (AGM) held  Yes  No

(a) If yes, date of AGM

29/09/2022

(b) Due date of AGM

30/09/2022

(c) Whether any extension for AGM granted

Yes  No

## II. PRINCIPAL BUSINESS ACTIVITIES OF THE COMPANY

\*Number of business activities

1

S.No	Main Activity group code	Description of Main Activity group	Business Activity Code	Description of Business Activity	% of turnover of the company
1	G	Trade	G1	Wholesale Trading	100

## III. PARTICULARS OF HOLDING, SUBSIDIARY AND ASSOCIATE COMPANIES (INCLUDING JOINT VENTURES)

\*No. of Companies for which information is to be given

2

Pre-fill All

S.No	Name of the company	CIN / FCRN	Holding/ Subsidiary/Associate/ Joint Venture	% of shares held
1	GENESIS GAS SOLUTIONS PRIV	U93090DL2017PTC315609	Subsidiary	75
2	ADVIK LABORATORIES LIMITE	L74899HR1994PLC038300	Associate	22.04

#### IV. SHARE CAPITAL, DEBENTURES AND OTHER SECURITIES OF THE COMPANY

##### (i) \*SHARE CAPITAL

###### (a) Equity share capital

Particulars	Authorised capital	Issued capital	Subscribed capital	Paid up capital
Total number of equity shares	1,500,000,000	1,105,825,825	1,105,825,825	1,105,825,825
Total amount of equity shares (in Rupees)	1,500,000,000	1,105,825,825	1,105,825,825	1,097,782,922.8

Number of classes

1

Class of Shares	Authorised capital	Issued capital	Subscribed capital	Paid up capital
Number of equity shares	1,500,000,000	1,105,825,825	1,105,825,825	1,105,825,825
Nominal value per share (in rupees)	1	1	1	1
Total amount of equity shares (in rupees)	1,500,000,000	1,105,825,825	1,105,825,825	1,097,782,922.8

###### (b) Preference share capital

Particulars	Authorised capital	Issued capital	Subscribed capital	Paid-up capital
Total number of preference shares	0	0	0	0
Total amount of preference shares (in rupees)	0	0	0	0

Number of classes

0

Class of shares	Authorised capital	Issued capital	Subscribed capital	Paid up capital
Number of preference shares				
Nominal value per share (in rupees)				
Total amount of preference shares (in rupees)				

###### (c) Unclassified share capital

Particulars	Authorised Capital
Total amount of unclassified shares	0

###### (d) Break-up of paid-up share capital

Class of shares	Number of shares			Total nominal amount	Total Paid-up amount	Total premium
	Physical	DEMAT	Total			
<b>Equity shares</b>						

<b>At the beginning of the year</b>	3,139,392	660,356,103	663,495,495	663,495,495	663,495,495	
<b>Increase during the year</b>	0	442,861,963	442,861,963	442,330,330	434,287,420	0
i. Public Issues	0	0	0	0	0	
ii. Rights issue	0	442,861,963	442,861,963	442,330,330	434,287,420	
iii. Bonus issue	0	0	0	0	0	
iv. Private Placement/ Preferential allotment	0	0	0	0	0	0
v. ESOPs	0	0	0	0	0	0
vi. Sweat equity shares allotted	0	0	0	0	0	0
vii. Conversion of Preference share	0	0	0	0	0	0
viii. Conversion of Debentures	0	0	0	0	0	0
ix. GDRs/ADRs	0	0	0	0	0	0
x. Others, specify						
<b>Decrease during the year</b>	531,633	0	531,633	0	0	0
i. Buy-back of shares	0	0	0	0	0	0
ii. Shares forfeited	0	0	0	0	0	0
iii. Reduction of share capital	0	0	0	0	0	0
iv. Others, specify	531,633		531,633			
Physical shares converted into dematerialised form						
<b>At the end of the year</b>	2,607,759	1,103,218,011	1,105,825,825	1,105,825,825	1,097,782,910	
<b>Preference shares</b>						
<b>At the beginning of the year</b>	0	0	0	0	0	
<b>Increase during the year</b>	0	0	0	0	0	0
i. Issues of shares	0	0	0	0	0	0
ii. Re-issue of forfeited shares	0	0	0	0	0	0
iii. Others, specify						
<b>Decrease during the year</b>	0	0	0	0	0	0

i. Redemption of shares	0	0	0	0	0	0
ii. Shares forfeited	0	0	0	0	0	0
iii. Reduction of share capital	0	0	0	0	0	0
iv. Others, specify						
<b>At the end of the year</b>	0	0	0	0	0	

ISIN of the equity shares of the company

INE161L01027

**(ii) Details of stock split/consolidation during the year (for each class of shares)**

0

Class of shares		(i)	(ii)	(iii)
Before split / Consolidation	Number of shares			
	Face value per share			
After split / Consolidation	Number of shares			
	Face value per share			

**(iii) Details of shares/Debentures Transfers since closure date of last financial year (or in the case of the first return at any time since the incorporation of the company) \***

Nil

[Details being provided in a CD/Digital Media]

Yes

No

Not Applicable

Separate sheet attached for details of transfers

Yes

No

Note: In case list of transfer exceeds 10, option for submission as a separate sheet attachment or submission in a CD/Digital Media may be shown.

Date of the previous annual general meeting		<input type="text"/>
Date of registration of transfer (Date Month Year)		<input type="text"/>
Type of transfer	<input type="text"/>	1 - Equity, 2- Preference Shares,3 - Debentures, 4 - Stock

Number of Shares/ Debentures/ Units Transferred	<input style="width: 90%;" type="text"/>	Amount per Share/ Debenture/Unit (in Rs.)	<input style="width: 90%;" type="text"/>
Ledger Folio of Transferor <input style="width: 90%;" type="text"/>			
Transferor's Name	<input style="width: 90%;" type="text"/>	<input style="width: 90%;" type="text"/>	<input style="width: 90%;" type="text"/>
	Surname	middle name	first name
Ledger Folio of Transferee <input style="width: 90%;" type="text"/>			
Transferee's Name	<input style="width: 90%;" type="text"/>	<input style="width: 90%;" type="text"/>	<input style="width: 90%;" type="text"/>
	Surname	middle name	first name
Date of registration of transfer (Date Month Year) <input style="width: 90%;" type="text"/>			
Type of transfer	<input style="width: 90%;" type="text"/>	1 - Equity, 2- Preference Shares,3 - Debentures, 4 - Stock	
Number of Shares/ Debentures/ Units Transferred	<input style="width: 90%;" type="text"/>	Amount per Share/ Debenture/Unit (in Rs.)	<input style="width: 90%;" type="text"/>
Ledger Folio of Transferor <input style="width: 90%;" type="text"/>			
Transferor's Name	<input style="width: 90%;" type="text"/>	<input style="width: 90%;" type="text"/>	<input style="width: 90%;" type="text"/>
	Surname	middle name	first name
Ledger Folio of Transferee <input style="width: 90%;" type="text"/>			
Transferee's Name	<input style="width: 90%;" type="text"/>	<input style="width: 90%;" type="text"/>	<input style="width: 90%;" type="text"/>
	Surname	middle name	first name

**(iv) \*Debentures (Outstanding as at the end of financial year)**

Particulars	Number of units	Nominal value per unit	Total value
Non-convertible debentures	0	0	0

Particulars	Number of units	Nominal value per unit	Total value
Partly convertible debentures	0	0	0
Fully convertible debentures	0	0	0
<b>Total</b>			0

**Details of debentures**

Class of debentures	Outstanding as at the beginning of the year	Increase during the year	Decrease during the year	Outstanding as at the end of the year
<b>Non-convertible debentures</b>	0	0	0	0
<b>Partly convertible debentures</b>	0	0	0	0
<b>Fully convertible debentures</b>	0	0	0	0

**(v) Securities (other than shares and debentures)**

0

Type of Securities	Number of Securities	Nominal Value of each Unit	Total Nominal Value	Paid up Value of each Unit	Total Paid up Value
<b>Total</b>					

**V. \*Turnover and net worth of the company (as defined in the Companies Act, 2013)**

**(i) Turnover**

2,929,710,000

**(ii) Net worth of the Company**

1,986,384,000

**VI. (a) \*SHARE HOLDING PATTERN - Promoters**

S. No.	Category	Equity		Preference	
		Number of shares	Percentage	Number of shares	Percentage
1.	Individual/Hindu Undivided Family				
	(i) Indian	163,755,453	14.81	0	
	(ii) Non-resident Indian (NRI)	0	0	0	
	(iii) Foreign national (other than NRI)	0	0	0	
2.	Government				
	(i) Central Government	0	0	0	

	(ii) State Government	0	0	0	
	(iii) Government companies	0	0	0	
3.	Insurance companies	0	0	0	
4.	Banks	0	0	0	
5.	Financial institutions	0	0	0	
6.	Foreign institutional investors	0	0	0	
7.	Mutual funds	0	0	0	
8.	Venture capital	0	0	0	
9.	Body corporate (not mentioned above)	58,515	0.01	0	
10.	Others	0	0	0	
	<b>Total</b>	163,813,968	14.82	0	0

**Total number of shareholders (promoters)**

18

**(b) \*SHARE HOLDING PATTERN - Public/Other than promoters**

S. No.	Category	Equity		Preference	
		Number of shares	Percentage	Number of shares	Percentage
1.	Individual/Hindu Undivided Family				
	(i) Indian	870,446,566	78.71	0	
	(ii) Non-resident Indian (NRI)	16,465,285	1.49	0	
	(iii) Foreign national (other than NRI)	0	0	0	
2.	Government				
	(i) Central Government	0	0	0	
	(ii) State Government	0	0	0	
	(iii) Government companies	0	0	0	
3.	Insurance companies	0	0	0	
4.	Banks	3,005	0	0	
5.	Financial institutions	296,897	0.03	0	



6.	Foreign institutional investors	0	0	0	
7.	Mutual funds	0	0	0	
8.	Venture capital	0	0	0	
9.	Body corporate (not mentioned above)	20,405,225	1.85	0	
10.	Others Clearing members, Trust & I	34,394,879	3.11	0	
	<b>Total</b>	942,011,857	85.19	0	0

**Total number of shareholders (other than promoters)**

370,203

**Total number of shareholders (Promoters+Public/  
Other than promoters)**

370,221

**VII. \*NUMBER OF PROMOTERS, MEMBERS, DEBENTURE HOLDERS  
(Details, Promoters, Members (other than promoters), Debenture holders)**

Details	At the beginning of the year	At the end of the year
Promoters	18	18
Members (other than promoters)	194,759	370,203
Debenture holders	0	0

**VIII. DETAILS OF DIRECTORS AND KEY MANAGERIAL PERSONNEL**

**(A) \*Composition of Board of Directors**

Category	Number of directors at the beginning of the year		Number of directors at the end of the year		Percentage of shares held by directors as at the end of year	
	Executive	Non-executive	Executive	Non-executive	Executive	Non-executive
<b>A. Promoter</b>	1	1	0	0	1.81	12.96
<b>B. Non-Promoter</b>	1	3	3	3	0	0
(i) Non-Independent	1	0	3	0	0	0
(ii) Independent	0	3	0	3	0	0
<b>C. Nominee Directors representing</b>	0	0	0	0	0	0
(i) Banks & FIs	0	0	0	0	0	0
(ii) Investing institutions	0	0	0	0	0	0

(iii) Government	0	0	0	0	0	0
(iv) Small share holders	0	0	0	0	0	0
(v) Others	0	0	0	0	0	0
Total	2	4	3	3	1.81	12.96

**Number of Directors and Key managerial personnel (who is not director) as on the financial year end date**

9

**(B) (i) \*Details of directors and Key managerial personnel as on the closure of financial year**

Name	DIN/PAN	Designation	Number of equity share(s) held	Date of cessation (after closure of financial year : If any)
VIJAY KUMAR SHARM	08721833	Whole-time director	0	
VIJAY KUMAR SHARM	ANVPS3454Q	CEO	0	
SUNDEEP KUMAR DH,	09508137	Managing Director	0	
ARVIND GUPTA	02549596	Additional director	0	29/09/2022
ARVIND GUPTA	AAKPG2519G	CFO	0	
ANIL KUMAR	07215544	Additional director	0	
RICHA SHARMA	08709599	Director	0	
Ruby Bansal	09338232	Additional director	0	
Parul Rai	BJPPP3202E	Company Secretar	0	

**(ii) Particulars of change in director(s) and Key managerial personnel during the year**

18

Name	DIN/PAN	Designation at the beginning / during the financial year	Date of appointment/ change in designation/ cessation	Nature of change (Appointment/ Change in designation/ Cessation)
Ms. Ujjwal Verma	BMSPV8341J	Company Secretar	29/04/2021	Cessation
Ms. Rashika Gupta	BYIPG0832M	Company Secretar	29/04/2021	Appointment
Ms. Rashika Gupta	BYIPG0832M	Company Secretar	25/06/2021	Cessation
Ms. Monika Soni	EXPPS1786D	Company Secretar	25/06/2021	Appointment
Mrs. Preeti Gupta	09277719	Director	25/08/2021	Appointment
Mr. Pankaj Kumar gupta	07003962	Director	25/08/2021	Cessation
Mr. Anil Kumar Deswal	07215544	Additional director	24/09/2021	Appointment
Mr. Arvind Gupta	02549596	Additional director	24/09/2021	Appointment
Mr. Arvind Gupta	AAKPG2519G	CFO	24/09/2021	Appointment
Dr. Ruby Bansal	09338232	Additional director	24/09/2021	Appointment
Mr. Chandan Kumar	08139239	CFO	24/09/2021	Cessation
Mrs. Meena Bansal	08400953	Director	24/09/2021	Cessation
Dr. Sundeep Kumar Dha	09508137	Managing Director	15/02/2022	Appointment
Ms. Parul Rai	BJPPP3202E	Company Secretar	15/02/2022	Appointment
Mr. Vivek Garg	00255443	Managing Director	15/02/2022	Cessation
Mr. Vikas Garg	00255413	Director	15/02/2022	Cessation
Ms. Preeti Gupta	09277719	Director	15/02/2022	Cessation
Ms. Monika Soni	EXPPS1786D	Company Secretar	15/02/2022	Cessation

## IX. MEETINGS OF MEMBERS/CLASS OF MEMBERS/BOARD/COMMITTEES OF THE BOARD OF DIRECTORS

### A. MEMBERS/CLASS /REQUISITIONED/NCLT/COURT CONVENED MEETINGS

Number of meetings held

1

Type of meeting	Date of meeting	Total Number of Members entitled to attend meeting	Attendance	
			Number of members attended	% of total shareholding
Annual General	20/09/2021	262,323	67	10.48

## B. BOARD MEETINGS

\*Number of meetings held

12

S. No.	Date of meeting	Total Number of directors associated as on the date of meeting	Attendance	
			Number of directors attended	% of attendance
1	17/05/2021	6	5	83.33
2	22/06/2021	6	5	83.33
3	25/06/2021	6	5	83.33
4	09/07/2021	6	4	66.67
5	19/07/2021	6	3	50
6	25/08/2021	6	3	50
7	24/09/2021	8	5	62.5
8	14/10/2021	8	4	50
9	26/10/2021	8	4	50
10	03/12/2021	8	4	50
11	10/01/2022	8	4	50
12	15/02/2022	8	4	50

## C. COMMITTEE MEETINGS

Number of meetings held

8

S. No.	Type of meeting	Date of meeting	Total Number of Members as on the date of the meeting	Attendance	
				Number of members attended	% of attendance
1	Audit Committee	25/06/2021	3	3	100
2	Audit Committee	09/07/2021	3	3	100
3	Audit Committee	25/08/2021	3	3	100

S. No.	Type of meeting	Date of meeting	Total Number of Members as on the date of the meeting	Attendance	
				Number of members attended	% of attendance
4	Audit Committee	14/10/2021	3	3	100
5	Audit Committee	10/01/2021	3	3	100
6	Nomination and	24/09/2021	3	3	100
7	Nomination and	15/02/2022	3	3	100
8	Stakeholders F	10/01/2022	3	3	100

#### D. \*ATTENDANCE OF DIRECTORS

S. No.	Name of the director	Board Meetings			Committee Meetings			Whether attended AGM held on
		Number of Meetings which director was entitled to attend	Number of Meetings attended	% of attendance	Number of Meetings which director was entitled to attend	Number of Meetings attended	% of attendance	
1	VIJAY KUMA	12	9	75	0	0	0	Yes
2	SUNDEEP KL	0	0	0	0	0	0	Yes
3	ARVIND GUP	6	1	16.67	0	0	0	Yes
4	ANIL KUMAR	6	3	50	2	2	100	No
5	RICHA SHARI	12	11	91.67	8	8	100	Yes
6	Ruby Bansal	6	6	100	5	5	100	Yes

#### X. \*REMUNERATION OF DIRECTORS AND KEY MANAGERIAL PERSONNEL

Nil

Number of Managing Director, Whole-time Directors and/or Manager whose remuneration details to be entered

2

S. No.	Name	Designation	Gross Salary	Commission	Stock Option/ Sweat equity	Others	Total Amount
1	Vijay Kumar Sharma	Whole Time Dire	1,620,000	0	0	0	1,620,000
2	Dr. Sundeep Kumar	Managing Direct	737,000	0	0	0	737,000
	Total		2,357,000	0	0	0	2,357,000

Number of CEO, CFO and Company secretary whose remuneration details to be entered

4

S. No.	Name	Designation	Gross Salary	Commission	Stock Option/ Sweat equity	Others	Total Amount
1	Chandan Kumar	CFO	492,000	0	0	0	492,000
2	Arvind Gupta	CFO	792,000	0	0	0	792,000
3	Monika Soni	Compnay Secre	207,000	0	0	0	207,000
4	Parul Rai	Compnay Secre	53,000	0	0	0	53,000
	Total		1,544,000	0	0	0	1,544,000

Number of other directors whose remuneration details to be entered

0

S. No.	Name	Designation	Gross Salary	Commission	Stock Option/ Sweat equity	Others	Total Amount
1							0
	Total						

#### XI. MATTERS RELATED TO CERTIFICATION OF COMPLIANCES AND DISCLOSURES

\* A. Whether the company has made compliances and disclosures in respect of applicable provisions of the Companies Act, 2013 during the year  Yes  No

B. If No, give reasons/observations

#### XII. PENALTY AND PUNISHMENT - DETAILS THEREOF

(A) DETAILS OF PENALTIES / PUNISHMENT IMPOSED ON COMPANY/DIRECTORS /OFFICERS  Nil

Name of the company/ directors/ officers	Name of the court/ concerned Authority	Date of Order	Name of the Act and section under which penalised / punished	Details of penalty/ punishment	Details of appeal (if any) including present status

(B) DETAILS OF COMPOUNDING OF OFFENCES  Nil

Name of the company/ directors/ officers	Name of the court/ concerned Authority	Date of Order	Name of the Act and section under which offence committed	Particulars of offence	Amount of compounding (in Rupees)

**XIII. Whether complete list of shareholders, debenture holders has been enclosed as an attachment**

Yes  No

**XIV. COMPLIANCE OF SUB-SECTION (2) OF SECTION 92, IN CASE OF LISTED COMPANIES**

In case of a listed company or a company having paid up share capital of Ten Crore rupees or more or turnover of Fifty Crore rupees or more, details of company secretary in whole time practice certifying the annual return in Form MGT-8.

Name

Whether associate or fellow  Associate  Fellow

Certificate of practice number

**I/We certify that:**

- (a) The return states the facts, as they stood on the date of the closure of the financial year aforesaid correctly and adequately.  
(b) Unless otherwise expressly stated to the contrary elsewhere in this Return, the Company has complied with all the provisions of the Act during the financial year.

**Declaration**

I am Authorised by the Board of Directors of the company vide resolution no. ...  dated

(DD/MM/YYYY) to sign this form and declare that all the requirements of the Companies Act, 2013 and the rules made thereunder in respect of the subject matter of this form and matters incidental thereto have been complied with. I further declare that:

1. Whatever is stated in this form and in the attachments thereto is true, correct and complete and no information material to the subject matter of this form has been suppressed or concealed and is as per the original records maintained by the company.
2. All the required attachments have been completely and legibly attached to this form.

**Note: Attention is also drawn to the provisions of Section 447, section 448 and 449 of the Companies Act, 2013 which provide for punishment for fraud, punishment for false statement and punishment for false evidence respectively.**

**To be digitally signed by**

Director 

DIN of the director

**To be digitally signed by** 

- Company Secretary  
 Company secretary in practice

Membership number

Certificate of practice number

**Attachments**

- 1. List of share holders, debenture holders
- 2. Approval letter for extension of AGM;
- 3. Copy of MGT-8;
- 4. Optional Attachment(s), if any

<b>Attach</b>
<b>Attach</b>
<b>Attach</b>
<b>Attach</b>

**List of attachments**

Shareholding_VLL.pdf
MGT-8_VLL.pdf
Clarification_letter.pdf
UDIN_MGT 7 VLL.pdf

**Remove attachment**

Modify

Check Form

Prescrutiny

Submit

**This eForm has been taken on file maintained by the Registrar of Companies through electronic mode and on the basis of statement of correctness given by the company**